



Take the leap into...  
**Total Wellness**

### Health Packages



## Health Packages

Type of Package	Basic	Executive	Comprehensive
<b>Health Monitor</b>			
Health questionnaire	✓	✓	✓
Physical examination	✓	✓	✓
<b>General Investigations</b>			
Chest X-ray			
Stool routine	✓	✓	✓
Urine routine	✓	✓	✓
Complete Blood Count	✓	✓	✓
USG abdomen	✓	✓	✓
HBsAg (Marker for Hepatitis B)	✓	✓	✓
Pulmonary function test		✓	✓
<b>Diabetes Evaluation</b>			
Fasting blood glucose		✓	✓
Post-prandial blood glucose		✓	✓
<b>Cardiac Risk Evaluation</b>			
ECG	✓	✓	✓
Stress/Treadmill test		✓	✓
<b>2 D Echo</b>			
Total cholesterol			
Triglycerides	✓	✓	✓
LDL			✓
HDL			✓
VLDL			
<b>Liver Function Evaluation</b>			
Bilirubin	✓	✓	✓
SGPT		✓	✓
SGOT		✓	✓
Alkaline phosphatase		✓	✓
Total protein			
		✓	✓
	✓	✓	✓
	✓	✓	✓
		✓	✓
		✓	✓

Type of Package	Basic	Executive	Comprehensive
Albumin		✓	✓
Albumin/Globulin Ratio		✓	✓
<b>Kidney Function Test</b>			
Blood urea			
S. Creatinine	✓	✓	✓
S.Uric acid	✓	✓	✓
S. Phosphorus		✓	✓
S. Electrolytes (Na/K/Cal)		✓	✓
S. Proteins		✓	✓
<b>Thyroid Function Evaluation</b>			
FT3		✓	✓
FT4			
TSH			
<b>Additional Investigations-For Women</b>			
PAP smear			✓
<b>Additional Investigations-For Men</b>			
PSA		✓	✓
<b>Consultations</b>			
Physician		✓	✓
Gynecologist			
Ophthalmologist		✓	✓
<b>Dietary Counseling</b>			
	✓	✓	✓
		✓	✓
		✓	✓
	✓	✓	✓